

Date: \_\_\_\_\_

<b><u>Target Behavior:</u></b> <hr/> <hr/>	<b><u>Pros</u></b> <i>(What do you get from it?)</i>	<b><u>Cons</u></b> <i>(What will you lose?)</i>
<b><u>Engaging in the Behavior</u></b>		
<b><u>Not Engaging in the Behavior</u></b>		